

Free Weights.

Dumbbells



Origin UD3 Urethane Dumbbell

Introducing the new UD3 Urethane Dumbbell, with an anti-roll head and enhanced weight identification.

The weight identification is now located on the top, bottom and end of the dumbbell, making it easier to find the weight you need when it is on the rack.

The solid steel head is encased in Urethane, meaning better shock absorption and impact and wear resistance- allowing us to provide you with an industry leading five-year warranty.

Available as sets and individually, from 1kg to 70kg

Item:	SKU:	
1-10kg(10 Pairs)	OF-UD3-SET-01-10	_
2-20kg (10 Pairs)	OF-UD3-SET-2-20	
12-20kg (5 Pairs)	OF-UDG-SET-12-20	
22-30kg (5 Pairs)	OF-UD3-SET-22-30	
32-40kg (5 Pairs)	OF-UD3-SET-32-40	



Origin RD3 Rubber Dumbbell

The RD3 Rubber Dumbbell has been re-designed with a solid steel head and a new moulded urethane end cap.

The new design is highly durable and reduces the risk of damage when the product is in use, allowing us to provide an industry leading three-year warranty.

Available as sets only, from 1kg to 70kg

Item:	SKU:
2.5-40kg (16 Pairs)	OF-RDG-SET-2-5-40
2.5-25kg (10 Pairs) 27-5-30kg (2 Pairs)	OF-RD3-SET-2-5-25 OF-RD3-SET-27-5-30
32.5-40kg (4 Pairs)	OF-RD3-SET-32-5-40
42.5-50kg 4 Pairs)	OF-RD3-SET-42-5-50



Hex Rubber Dumbbells

The Rubber Hex Dumbbells offer a great alternative to both the UD3 and RD3, with an anti-roll design and rubber coating that helps protect them from damage.

The weight identification is debossed into the top and bottom of the rubber coating.

Available as sets and individually from 1kg to 40kg.

Item:	SKU:	Item:	SKU:
1kg (Pair)	NTS-GD-HDB-01	12.5kg (Pair)	NTS-GD-HDB-12
2kg (Pair)	NTS-GD-HDB-02	15kg (Pair)	NTS-GD-HDB-15
3kg (Pair)	NTS-GD-HDB-03	17.5kg (Pair)	NTS-GD-HDB-17-
2.5kg (Pair)	NTS-GD-HDB-02-5	20kg (Pair)	NTS-GD-HDB-20
4kg (Pair)	NTS-GD-HDB-4	22.5kg (Pair)	NTS-GD-HDB-22
5kg (Pair)	NTS-GD-HDB-5	25kg (Pair)	NTS-GD-HDB-25
6kg (Pair)	NTS-GD-HDB-6	27.5kg (Pair)	NTS-GD-HDB-27
7kg (Pair)	NTS-GD-HDB-7	30kg (Pair)	NTS-GD-HDB-30
7.5kg (Pair)	NTS-GD-HDB-7-5	35kg (Pair)	NTS-GD-HDB-35
8kg (Pair)	NTS-GD-HDB-8	37.5kg (Pair)	NTS-GD-HDB-37
9kg (Pair)	NTS-GD-HDB-9	40kg (Pair)	NTS-GD-HDB-40
10kg (Pair)	NTS-GD-HDR-10		



The Gym Group Glasgow Forge

On a daily basis, I work with Gym Group sites, and while kit lists might make each installation look fairly similar, not every site is the same. It is fantastic to be a part of the opening of many new facilities and to assist on developing a functional solution to help them provide more to their customers.

I'm also pleased to announce that Gym Group will be opening many new sites across the UK this year. This is really a testament to the success of The Gym Group chain and the partnerships they have with each of their kit providers. I'm eager to see where this year progresses.

Aidan Adams, Origin Fitness



Free Weights



Dumbbells & Storage

Designed for large free weight spaces in a commercial setting, the Origin dumbbell racks are designed to sit under mirrors. These space saving racks have been made to fit into your gym without invading workout space while offering easy access to dumbbells in your free weights zone.

Our durable box section and protective rubber feet have been designed with quality in mind; maximising functionality whilst minimising cost. Compatible with Series 3 dumbbells, these racks come in a selection of sizes up to a capacity of 12 pairs of dumbbells with a single rack.

All dumbbell racks in this range are the same height which offers the option to combine racks for your ideal storage capacity.

SKU:

1= OF-5DBR-V2

2= OF-6DBR-V2 **3**= OF-10DBR-V2

4= OF-12DBR-V2

5= OF-15DBR-V2

Dimensions

1=1022 x704x 874mm

2= 1299 x704x873mm

3= 2109 x704x873mm **4**= 2509 x704x874mm

> Student Roost Brewer's Court

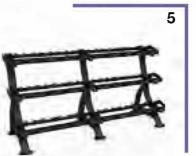
5= 2260 x741x1130mm



Origin 5 Pair 2 Tier Dumbbell Rack



Origin 10 Pair 2 Tier



Origin 15 Pair 3 Tier Dumbbell Rack

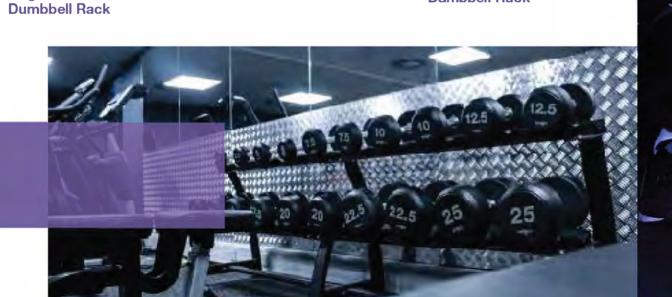


Origin 6 Pair 2 Tier Dumbbell Rack



24

Origin 12 Pair 2 Tier Dumbbell Rack





Alpha Flat Storage

The Alpha Flat Storage has been designed for multi-functional spaces with flat shelving that can also accommodate kettlebells and slam balls for smaller spaces.

The horizontal design will allow this rack to fit easily in a free weights or studio space with minimal impact on space.

SKU: Dimensions OF+IDBR 2200 x 702 x 853mm (L x W x H)



Hex Origin Premium 10 Pair Vertical Dumbbell Rack

The Origin Premium Dumbbell Racks are an ideal solution to keep your gym floor tidy and safe from hazards.

These racks are designed for commercial spaces which require multiple weight sizes to fulfill all customer needs.

SKU: Dimensions

OF-VDRB-PRM 510 x 420 x 1570mm (W x D x H)





Barbells & Storage



Origin UB3 Urethane Barbell

These solid end dumbbells are a great addition to any workout area, manufactured with solid steel heads, and surrounded by a thick, shock absorbent and impact resistant layer of Urethane. The main advantage of these barbells over similar offerings are their anti-roll feature for easier use & weight numbers on the top and bottom side to aid identifying correct weight.

Item:	SKU:
Light & Heavy 10-45 kg (10 Barbells)	OF-UB3-SET-L+H
Light 7.5-20 kg (5 Barbells)	OF-UB3-SET-LIGHT
Heavy 25-45 kg (5 Barbells)	OF-UB3-SET-HEAVY



-

Origin RB3 Rubber Barbell

The Series 3 Rubber Barbell is new for 2022 and designed with increased durability and improved design in mind. The single piece barbell end reduces the risk of damage and increases the longevity of the product.

The simple, modern design will fit into any gym environment.

Barbells available individually and as sets.

Item:	SKU:
Full Set 7.5-45KG (10 Barbells)	OF-RB3-SET-FULL
Light Set 7.5-20KG (5 Barbells)	OF-RB3-SET-LIGHT
Heavy Set 25-45KG (5 Barbells)	OF-RB3-SET-HEAVY



The Origin Barbell Rack is designed to hold up to 5 barbells and fits our Urethane and Rubber Barbells.

This storage rack has been designed for the high footfall facilities and are manufactured to look consistent within our Origin storage range.

With a small footprint and sleek matt black finish, the single-sided barbell rack is a space-saving solution to keep your gym floor and workout areas tidy.

Dimensions: 740 x 800 x 1620mm (L x D x H)



Origin Double Sided Barbell Rack The Origin Double Sided Barbell Rack holds 10 barbells from our Urethane and Rubber Series 3 range.

For larger open plan spaces, this racks help split space for zonal training whilst also offering a storage solution for all your barbells. With a larger footprint, we recommend this rack for high traffic commercial facilities that require full sets or multiple weights of the same size for their users.

Dimensions: 740 x 1400 x 1620mm (L x W x H)













Origin Competition Bumper Plates

The Origin Competition Bumper Plates are our most accurate weight discs, with a calibrated weight tolerance of +/- 10g to match IWF competition specifications.

These plates are 100% virgin rubber for a flawless finish and to provide superior acoustic and bounce reduction properties from dropped lifts

Item:	SKU:	
10kg (Green)	OF-CBP-10	
15kg (Yellow)	OF-CBP-15	
20kg (Blue)	OF-CBP-20	
25kg (Red)	OF-CBP-25	



Origin Coloured Olympic Urethane Bumper Plates

The Origin Urethane Olympic Bumper Plates are unique through the use of their hard wearing outer urethane material, which is extremely resistant to abrasion and therefore reduces the risk of scratches, scrapes, dents, marks or discolouration.

The 450mm diameter means they are consistent in size and have with a weight tolerance of +/- 1%, they are ideal for high usage Olympic lifting areas.

item:	SKU:	
5 kg (Black)	OF-FW17U-V2-05	
10 kg (Green)	OF-FW17U-V2-10	
15 kg (Yellow)	OF-FW17U-V2-15	
20 kg (Blue)	OF-FW17U-V2-20	
25 kg (Red)	OF-FW17U-V2-25	



Origin Rubber Crumb Bumper Plates

The Origin Rubber Crumb Bumpers are suitable for all free weight and Olympic lifting areas. Due to having a thick rubber crumb surround and steel inner core, they perform extremely well in areas with high-volume Olympic lifts where dropping is regular.

They are all 450mm in diameter but offer a thicker width than normal to help withstand repeated dropped Olympic lifts.

Item:	SKU:	
5kg	OF-CRMB-05	
10kg	OF-CRMB-10	
15kg	OF-CRMB-15	
20kg	OF-CRMB-20	
25kg	OF-CRMB-25	
150kg Set	OF-CRMB-SET	



Free Weights



Origin Technique Bumper Plate

Origin Technique Weight Plates come in 2.5kg and 5kg only, allowing users to add 450mm plates with low resistance to the bar to help focus on the technique of the power movements.

Item:	SKU:	
20kg	NTS-OTP-2-5	
15 kg	NTS-OTP-5	



Origin Olympic Urethane Weight Plate

The Origin Olympic Urethane Weight Plate has a double handle design for improved functionality and easier handling.

Whilst being protected with a durable urethane covering, the steel inner ring makes the loading and unloading of plates easier. The bold weight indicator located on the front, back, top and bottom of the plate makes identification quick and easy, whether loaded on a piece of equipment or when stored away.

Item:	SKU:	
1.25kg	OF-UWP-01-25	
2.5kg	OF-UWP-02-5	
5kg	OF-UWP-05	
10kg	OF-UWP-10	
15kg	OF-UWP-15	
20kg	OF-UWP-20	
25kg	OF-UWP-25	
0		

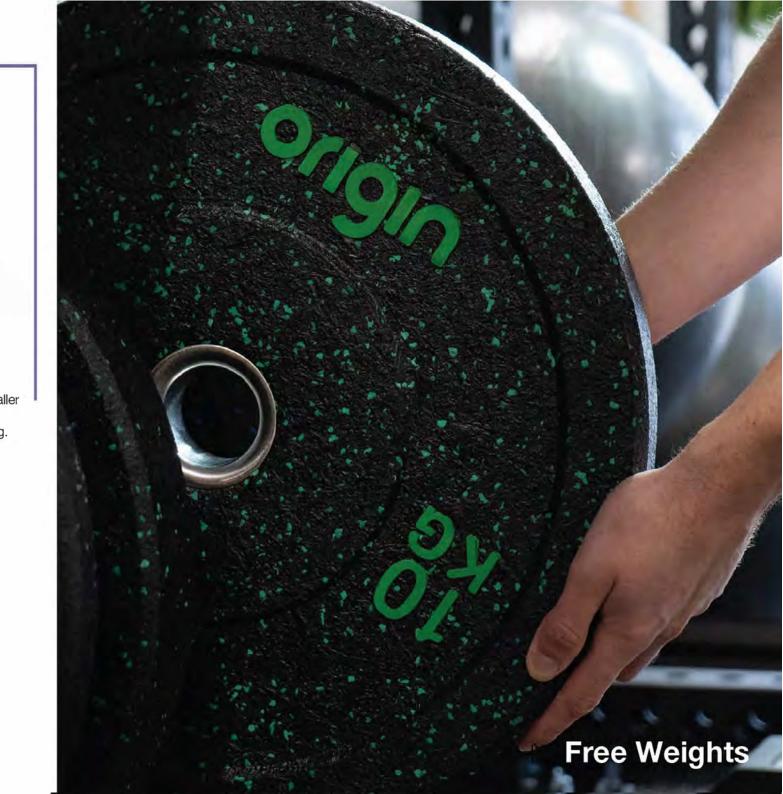


Origin Incremental Weight Plates

Origin Incremental Plates are designed for smaller weight increases and are made from a steel centre with a rubber coating.

Available from 0.5-5 KG, each plate has a a rubber seal in the collar that helps to provide a tighter fit on the bar and means you can stack these plates after collars.

Item:	SKU:
0.5KG	OF-IMLP-V2-0-5
1KG	OF-MLPV21
1.5KG	OF-IMLP-V2-1-5
2KG	OF-M.P-V2-2
2.5KG	OF-IMLP-V2-2-5
5KG	OF-MLP-V2-5
Set 25KG	OF-M.P-V2-SET





Bar & Weight Plate Storage



SKU:

OF-TSTR

Dimensions

1400 x 330 x 285mm

Origin Toast Rack

The Origin Toast Rack is the ideal for solution for keeping free weights zones and weight lifting areas clear and organised. The lifting handle and wheels allow easy transportation and storage for around the gym. Keeping your gym safe and tidy has never been so simple.

Designed to fit all of the Origin Bumper and Incremental Plates.



The Origin Bar Holder is constructed from 100mm x 50mm box steel to give it durability and a lifespan that suits high traffic areas.









Origin Weight Plate Tree

The Weight Tree design has been modified to decrease the number of dedicated pegs for bumpers to 4. This allows for the extended frame to store 2 Olympic bars, with the third pair of weight pegs reserved for either incremental or weight collars.

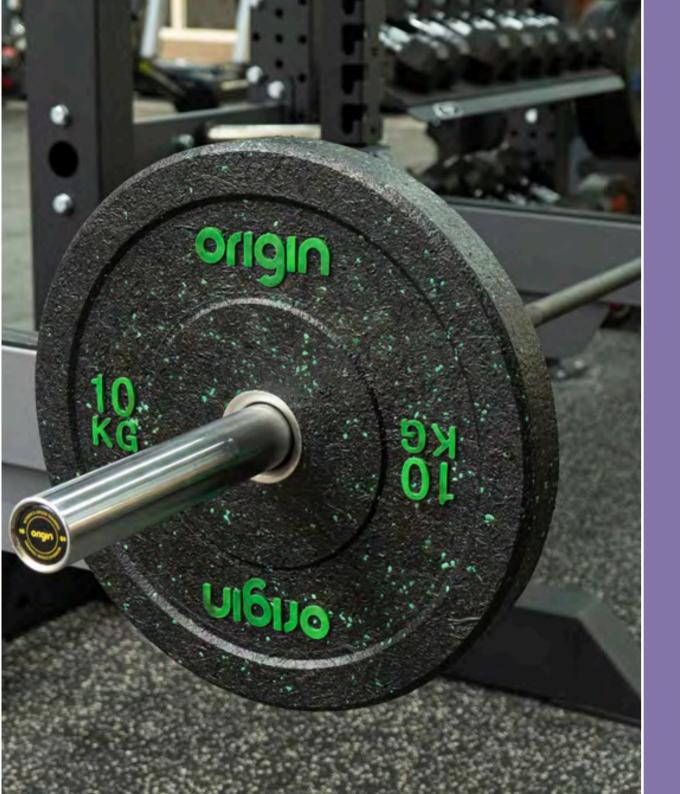
NTS-BBWR-01

Origin Barbell Wall Rack

SKU:

By storing bars horizontally, the bearings and fixings within the sleeves of the bars are saved from premature wear, while simultaneously reducing clutter on the gym floor. The Origin Barbell Wall Rack can accommodate bars of all types.





Bars

Barbells come in a variety of shapes and sizes. From the standard 20kg Olympic Barbell right through to specialist bars such as the trap bar, EZ curl bar & tricep bar. We have a bar to suit every training style.

Weightlifting



Origin Olympic Weightlifting Bar

The Origin Olympic Weightlifting Bars feature IWF standard knurling and are tested to a tensile strength of 215,000 psi.

There are eight needle bearings, offering lifters the perfect grip and effortless spin whilst under the bar.





Origin Technique Bar

The Origin Technique Bar has been designed to be lightweight. It's the ideal choice for any beginner lifters looking to hone their technique under lighter loading. With a total weight of 10kg this bar is perfect for practising technique on all lifts and copper Bushings provide a high load capacity.





Origin 5ft Brushed Steel Bar

Every detail of the new Origin 5ft Brushed Steel Bar is produced to the highest standard. The smaller size adds variety to your facility and adds functionality to your set-up where space management is important.

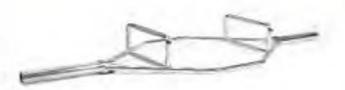




Free Weights



Specialist Bars



Origin Hex Bar

Our Origin Hex Bars (often called Trap Bars or Shrug Bars) weigh either 25kg or 28kg and is the ideal specialist barbell for shrugs, deadlifts, farmers walk, squats and a wide variety of other exercises.

<u>Q</u>	↔	MAX	<u></u>	<u>Ø</u>	<u> </u>		MAX	<u></u>	0
	item:			Len	gth:			SKU:	
	25 kg			182	0mm		OF-WLB-HT		-25- V



Origin Tricep Bar

The Origin Tricep Bar has been ergonomically designed to help target the triceps with more efficiency. The rotational bar provides a natural movement and releases stress on the users back. Suitable for any Olympic weight plates, the Origin Tricep Bar boasts a 165mm sleeve length to allow addition weight to be stacked.

0	4	MAX
2	• •	
130	670mm	144g 400

Length:	SKU:
870mm	OF-TOB



Origin Multi-Grip Bar

Our new Origin Multi-Grip Bar is a great way to target specific muscle groups and to cater for those struggling with injury or mobility issues as it features multiple grip variations. Varying grip helps engage different muscles in barbell exercises, increasing difficulty of these movements and at the same time, allowing more natural grip positions.



Length:	SKU:
2130mm	OF-WLB-MG-V



Origin Farmers Walk Handles

Increase your GPP, upper back and lower body with this one tool. The Origin Farmers Walk Handles are great for your training fitness and grip. Each bar weighs 14kg, is 1524mm long and coated with polished chrome.

0	4	A	
**	•	100g	Dimm

Item:	Length:	SKU:
14kg	1524mm	OF-WLB-FW



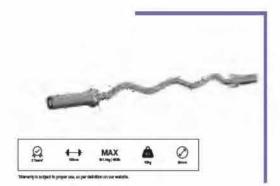
Free Weights



Origin Safety Squat Bar

The Origin Safety Squat Bar is an essential speciality bar for your gym's barbell collection. The safety squat bar is a great training tool for users with goals at all levels, however, it's especially helpful for users who struggle to achieve effective positioning in traditional back/front squats due to issues with the back, shoulders, wrists.

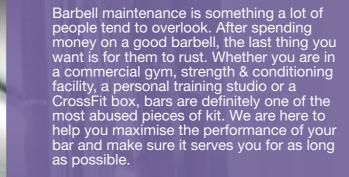
Item:	Length:	SKU:
21kg	2200mm	OF-WLB-SSQ



Origin EZ Bar

Origin EZ Curl Bars are the ideal weightlifting bar for a wide range of accessory and bodybuilding exercises. The bar is accurately designed to weight exactly 10kg and is tested to a max load capacity of 181.4kg.

Item:	Length:	SKU:
10kg	1200mm	OF-F7CB-10-V2



To prolong the life of your barbell it is important that you regularly clean it. Regular maintenance allows the bar to continue to perform at its optimum for longer.

How regularly this has to occur depends on the climate it is kept in and how regularly the barbells are used. For example, a busy gym in a hot climate may have to carry out preventative maintenance more frequently. This will also depend on the number of barbells. It may not be realistic to clean all the bars in one go, so cycling them may be a good idea.

In light of a heavy increase in barbell cleaning routines in relation to Coronavirus, we wish to emphasize the importance of proper barbell maintenance. Cleaning solutions often remove all grease, as well as the protective black oxide and zinc layers, leaving barbells susceptible to corrosion.

For cleaning the bars, consider using a non-corrosive, non-abrasive, mild cleaning solution on a cloth or tissue. In addition, using a 2-in-1 oil to protect your bars frequently will help prevent rust and extend their useful life span.

Lifting Accessories

With the growing popularity of free weights and weight training, your gym needs to be equipped with a wide range of accessories for every situation. Our weight lifting accessories category contains a variety products such as: barbell jack/lifters, collars, neck protector and belts.





Origin Dipping Belt

SKU

NTS-ODB-01



Origin Neck Protector

SKL

NTS-NP-01



OF-00C-V2









PERFORMANCE SERIES

Configurable by Design. Made with you in mind.



Box Section 75mm x 75mm



Steel Gauge



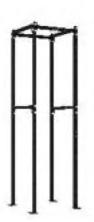
Hole Spacing 50mm



Bolts Size

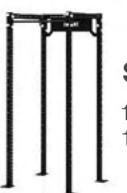






Tall

1400 x 4500 x 1345mm (W x H x D)



Shallow

1400 x 2550 x 885mm (W x H x D) 1400 x 2298 x 885mm (W x H x D)



Standard

1400 x 2550 x 1345mm (W x H x D) 1400 x 2298 x 1345mm (W x H x D)



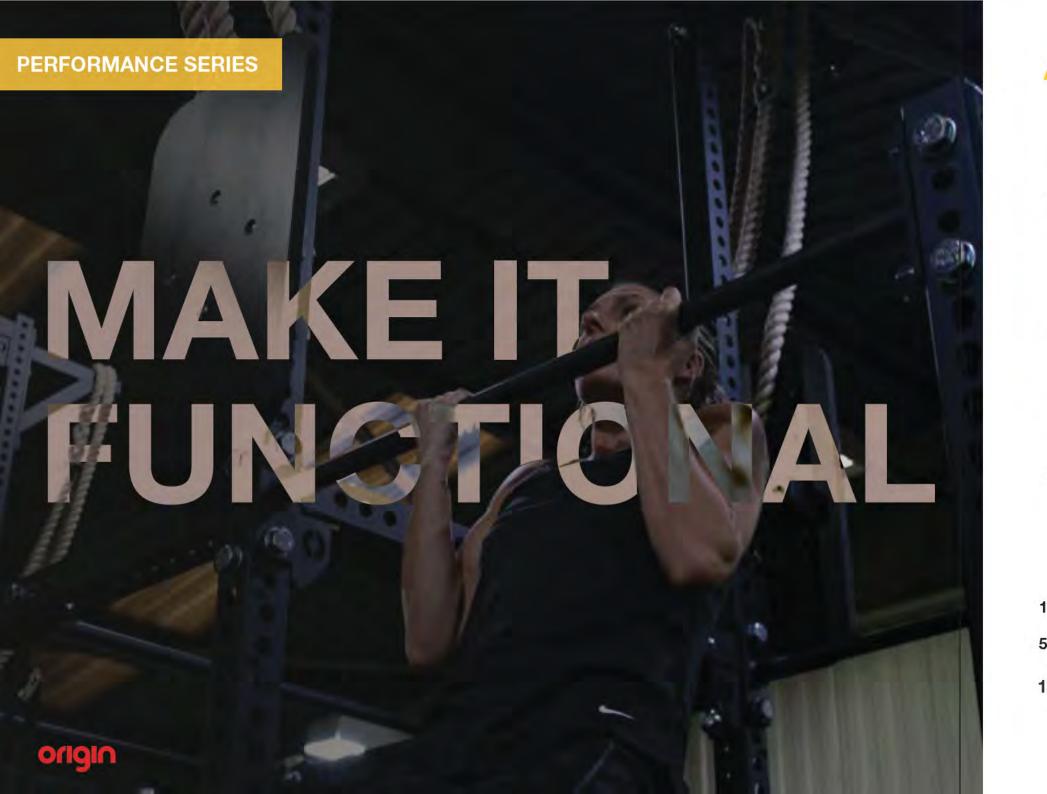
Wall Mounted

1400 x 2298 x 1212.50mm (W x H x D) 1400 x 2550 x 1212.50mm (W x H x D)

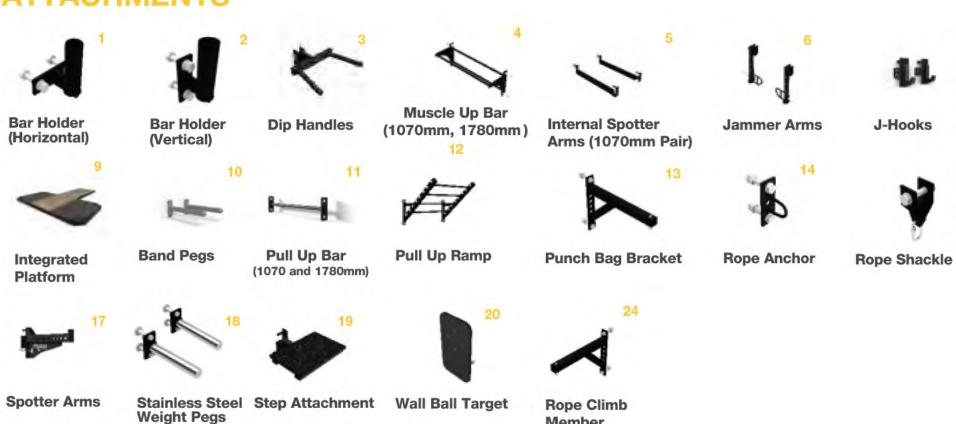


Back-To-Back

1400 x 2298 x 1570mm (W x H x D)



ATTACHMENTS



SKU:

1 OF-PS-HBH 2 OF-PS-VBH 3 OF-PS-DH 4 OF-PS-ILP a) OF-PS-TCB42 b) OF-PS-TCB70 c) OF-PS-TCB71

5 OF-PS-FSA42 6 OF-PS-LA 7 OF-PS-JH 8 OF-PS-LM 9 OF-PS-MGPB 10 OF-PS-BP 11 a) OF-PS-PB32 b) OF-PS-PB32-70 12 OF-PS-CR

Member

13 OF-PS-HWM 14 OF-PS-RA 15 OF-PS-SK 16 OF-PS-SAS42 17 OF-PS-SA 18 OF-PS-WH 19 OF-PS-PL 20 OF-PS-WBT 21 OF-PS-RPCM

Landmine **Attachment**

Safety Strap





Trough

- Will hold all types of medicine balls.Comes in 1070mm or 1780mm lengths.

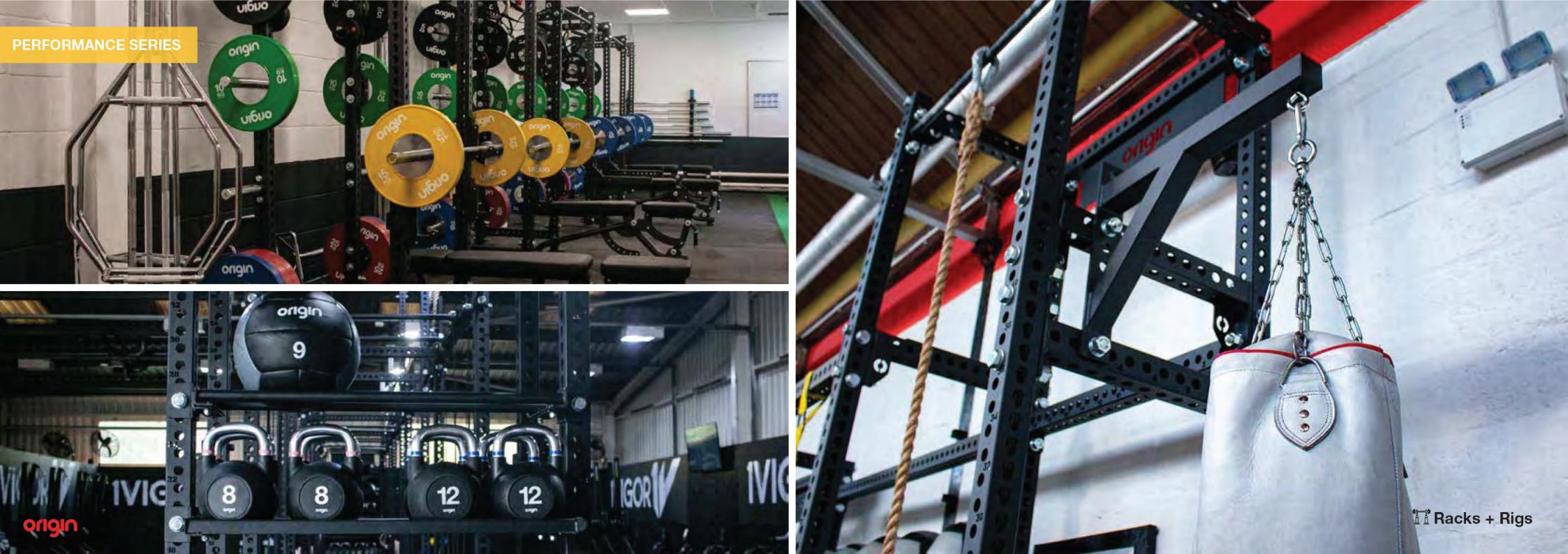
Flat Shelf

- · Will hold all types of products; dumbbells, kettlebells and
- accessories.

 Comes in 1070mm or 1780mm lengths.

Toast Rack

- Will hold all types of Origin plates.
- 96mm gaps.Comes in 1070mm (7 slots) and 1780mm (15 slots) lengths.





GROUP STRENGTH RIG

1VIGOR ≛x14 Users



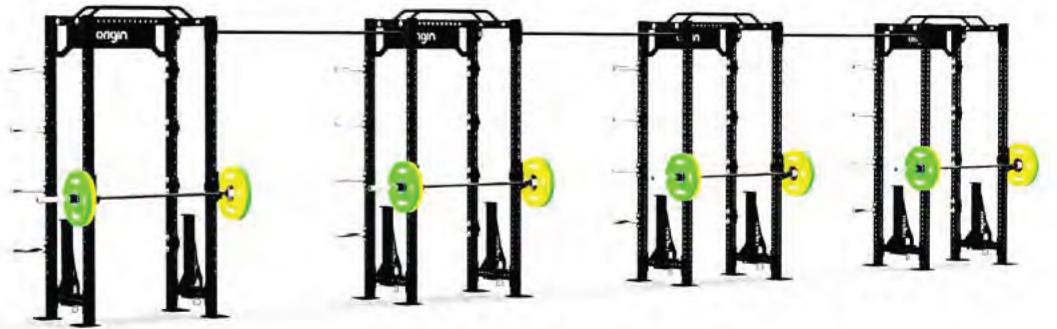
Tall Bay/Standard Bay

Pope Anchor | Wall Ball Target | J-Hooks | Spotter Arms

Flat Shelf | Trough | Toast Rack



STRENGTH AND CONDITIONING RIG



Shallow Bay

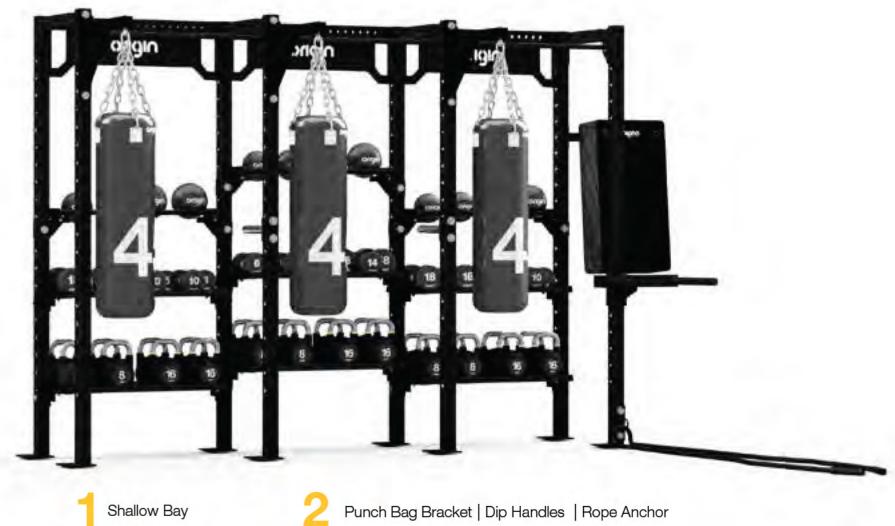
2 Spottter Arms | Multi Grip Pull Up Bar | J-Hooks





BOXING RIG

Fervid Fitness ♣x4 Users



3 Mat Hanger | Trough | Flat Shelf



BACK TO BACK RIG



Back to Back Bay

2 Spotter Arms | J-Hooks | Wall Ball Target

3 Bay Weight Plate Storage | Horizontal Bar Holder | Trough | Flat Shelf



GROUP FUNCTIONAL RIG

UGym ♣x4 Users



Tall Bay/Shallow Bay 2 Battle Rope Anchor | Landmine Punch Bag Bracket | Wall Ball Target | Wing

3 Toast Rack | Flat Shelf | Trough









Short

1500 x 1230 x 635 (W x H x D)



Regular

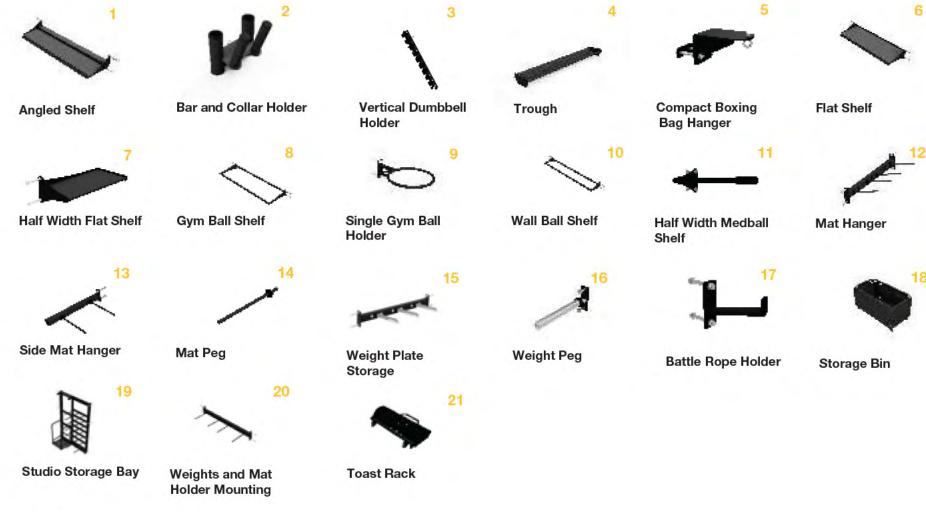
1500 x 2302 x 932 (W x H x D)



Tall

1500 x 2602 x 300(W x H x D)





SKU:

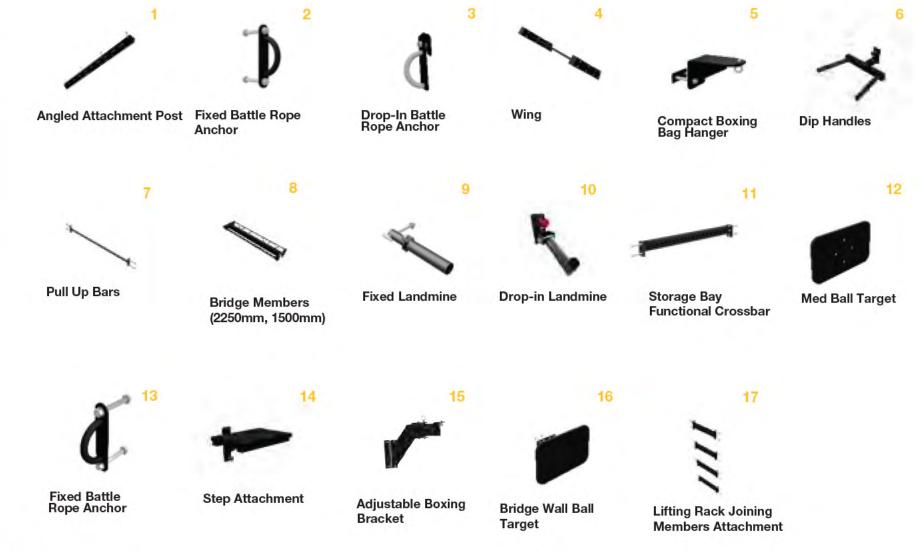
1 OF-ES-AS 2 OF-ES-BCH 3 OF-ES-VDBH 4 OF-ES-TRGH-2 5 OF-ES-CBXBH 6 OF-ES-FS 7 OF-ES-FS-HW

8 OF-ES-GBS 9 OF-ES-GBS-1 10 OF-ES-MBS 11 OF-ES-MBSHW 12 OF-ES-MH 13 OF-ES-MH-S 14 OF-ES-MP

15 OF-ES-WPS **16** OF-ES-WP **17** OF-ES-RH **18** OF-ES-SBN **19** OF-ES-STSB **20** OF-ES-WMHB

21 OF-ES-TR





SKU

1 OF-ES-ANGUR 2 OF-ES-BRA-FX 3 OF-ES-BRA-DRP 4 OF-ES-WNG 5 OF-ES-CBXBH

6 OF-ES-DP 7 OF-ES-PUBS 8 a) OF-ES-BRDG b) OF-ES-BRDG-1500

9 OF-ES-LM 10 OF-ES-LM-DRP 11 OF-ES-SBFCB 12 OF-ES-WBT 13 OF-ES-BRA-FX 14 OF-ES-STP 15 OF-ES-BXBH-ADJ

16 OF-ES-MBT-BRDG 17 OF-ES-PRJM





BESPOKE RIG

Energym ♣x55 Users



Custom Sized Bay with Custom Heights

Plat Shelf | Angled Shelf | Trough | Gymball Shelf | Storage Bin | Weight Pegs

3 J-Hooks | Spooter Arms | Wings | Compact Boxing Bracket | Rope Climb Extension



ELITE GROUP STRENGTH RIG

Total Fitness ♣x10 Users



4 Standard Bays + 2 Half Racks

Plat Shelf | Angled Shelf | Trough | Internal Mat Hanger | Storage Bin

3 Wall Ball Target | Span Bridge Members | Half Racks



STORAGE FUNCTIONAL RIG

The Open Championship



2 Standard Bays

Flat Shelf | Angled Shelf | Trough | Internal Mat Hanger | Storage Bin | Single Gym Bar Holder

3 Angled Attachment Post | Dip Handles | Pull Up Extenders



COMPACT STORAGE RIG

The Gym Group



2 Standard Bays

Plat Shelf | Angled Shelf | External Mat Hanger | Storage Bin





Standard Branding plate

- Available in 610mm, 1070mm and 1970mm Lengths
 RAL Colours available





Upright Brand Plate

- Will fit onto any uprightUp to three colour layers available





Medicine Ball Target

- Fits on to any cross memberUp to three colour layers available





The Performance and Elite Series Racks have been designed in the UK by our in-house team. We have enhanced the structural durability of the series, giving high-performance facilities the confidence they need in their equipment.







Performance Half Rack

OF-PS-HR-9024-BOM



Performance Power Rack

OF-PS-PR-10042-BOM



OF-ES-ESHR

Elite Half Rack

Alpha Racks.



Origin Alpha Hall Rack

The Alpha Half Rack is great as a stand along option or can be integrated with storage creating more value and functionality. Pair with a barbell and weight plates to be able to perform compound exercises such as the squat and the overhead press. This half rack comes with spotter arms to be able to perform exercises safely, and 8 weight storage pegs to keep your gym space tidy.

 SKU:
 Dimensions

 OF-ALP-HR
 1200 x 1307 x 2300mm (Wx Dx H))



Origin Alpha Power Rack

The Alpha Series Power Rack is great as a stand along option or can be integrated with storage creating more value and functionality. Pair with a barbell and weight plates to be able to perform compound exercises such as the squat and the overhead press. This power rack comes with spotter arms to be able to perform exercises safely, as well as a pull-up bar to practice body weight movements.

SKU:	Dimensions	
OF-ALP-PR	1602 x 1262 x 2302mm (W x D x H))	



Ongin Alpha Series Compact Half Rack

The perfect solution for limited spacing within a home or boutique space. Purchase individually or with a drop-in pull up bar to make the rack more versatile. The drop-in pull up bar allows users to use a pull up bar in top position, or switch to J-hooks for squats without having to disassemble.

SKU:	Dimensions
OF-ALP-CHR	1836 x 1755 x 1900rm W x D x H)



Origin Alpha Squat Stands

Designed for safe and effective weightlifting training while being easy to maneuverer around the gym using the built-in wheels.

SKU:	Dimensions	
OF-ALP-SQST	519 x 529 x 1650mm (W x D x H)	



Origin Alpha Adjustable Yoke / Squat Stand

The Alpha Adjustable Yoke/Squat Stand is a dual purpose piece of equipment. You can either use this product as a Yoke or Squat Stand. Manufactured from 70x50mm box section with 2mm steel gauge this product is perfect from any commercial or home gym.

SKU:	Dimensions
OF-ALP-YKSQ	1093 x1265 x 2340mm (W x D x H)



Folding Wall Rack

New for 2022, the Alpha Folding Wall Rack is the newest addition to our space saving range. With folding arms, this rack is great when you need extra floor space. Create a functional training zone in seconds for smaller spaces and fold away when not in use. This unit is a great alternative to the Half and Compact racks to suit facilities which require varied layout options.

SKU:	Dimensions
OF-ALP-FWMHR	626 x 1500 x 2202mm (W x D x H)







Cardio.

Storm Range

The Storm range is a HIIT cardio offering the ideal solution to get hearts pumping. Our initial offering of the Rower and Ski Trainer has been so popular, we added a Curved Treadmill and Air Bike.



SKU:

OF-STM-AB-V2

Dimensions

1225 x 550 x 1200mm



Origin Storm Air Bike

The Origin Storm Air Bike is a cardio essential that offers quality and value for commercial and home settings. Supporting metabolic conditioning and increasing endurance, this machine works with the user creating more resistance the harder they work. Suitable for all levels this machine is an ideal fixture for any gym or studio.

SKU:

OF-STM-CTR

Dimensions

1610 x 850 x 1720mm



Origin Storm Curved Treadmill

With no electricity required and no top speed restrictions, this treadmill is a game-changer for HIIT. Offering a more intense workout, the Storm Curved Treadmill activates more muscle groups than your traditional treadmill activates more muscle groups than your traditional treadmill. To start the treadmill you have to use your entire leg, from glutes to hamstrings, and to speed up you have to work harder. Includes four resistance levels and seven programs, wheels and handle for easy transportation.



The OC5 is ideal for specialist cycling studios and other group cycling spaces where it's going to see high levels of regular use. The aluminium alloy seat and handlebar posts are guaranteed to withstand rusting and flaking while the quiet belt drive system requires little maintenance. The bike design is easily adjustable for all users (fore, aft and height adjust-ments on both the handlebars and seat) and it even features an easy-ac-cess double water bottle cage. Magnetic Resistance provides the OC5 with a smooth and balanced feel whilst ensuring lasting durability, minimal wear and low maintenance. The OC5 is guaranteed to deliver perfor-mance, reliability and affordability in all settings.

Optional console can be incorporated into the bike to provide valuable user feedback..

SKU:

OF-OC5-V2

Dimensions

1500 x 510 x 1230mm

Studio Cycle



Origin Indoor Cycle Console

The Origin Cycling Computer delivers great real time user feedback for group cycling classes or individual users. Metrics visible include; speed, distance, cals, heart-rate, time and cadence. Heart rate is picked up automatically by 5.3khz frequency.



Origin Storm Bike Trainer

The Origin Storm ® Indoor Bike Trainer has been designed with busy commercial gym environments in mind. We understand the need for a robust, high performing bike for the gym floor and for in functional, studio and HIIT training spaces. Our aim was to create the best value indoor bike trainer for the commercial market that can deliver the benchmark performance of the industry-standard machine.

OF-OICWC-W-MB

SKU:

SKU:

OF-STM-BKT

Dimensions

1500 x 510 x 1230mm

SKU:

OF-STM-SKWFS - with Floor Stand OF-STM-SK-FS - Floor Stand Only OF-STM-SK - Wall Mounted

Dimensions

1260mm x 590mm x 2186mm

Origin Storm Ski Trainer

The Origin Storm Ski Trainer delivers great performance in one of the most popular emerging cardio categories. Ski machines and ski trainers, or upper body ergometers use a comparable movement pattern to that used in cross country skiing. Doing this creates a unique and challenging cardio exercise that has made the ski trainer a massive popular exercise machine. massively popular exercise machine.

SKU:

OF-STM-OR3

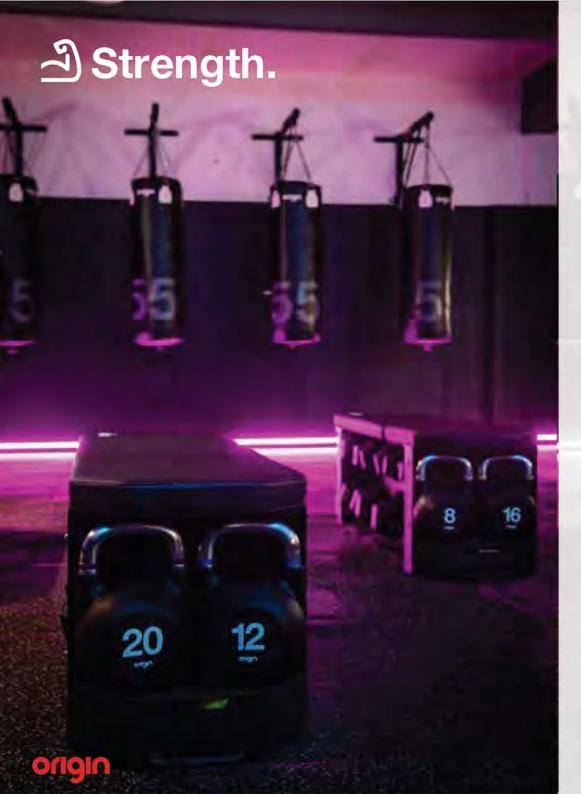
Dimensions

2420mm x 635mm x 1070mm



Origin Storm Rower

The Origin Storm Indoor Rowing Machine has been designed with busy commercial gym environments in mind. We understand the need for a robust, high performing rowing machine for the gym floor and for in functional, studio and HIIT training spaces. Our aim was to create the best value indoor rowing machine for the commercial market that can deliver the benchmark performance of the industry-standard machine.



Fitbox Bench



Origin FITBOX Studio Bench

Origin Fitness' all-in-one fitness hub designed and built for HIIT and boutique studios. This multi-adjustable studio storage bench offers full training functionality with a small footprint.

This bench offers a large range of products to suit all users, including 6 pairs of dumbbells (up to 32kg), 2 kettlebells and other accessories such as slam balls, sand disks and resistance or power bands. It also includes a small drawer to stow away personal items such as phones during classes and training sessions.

The Origin Fitbox bench has an adjustable back rest, with 6 different angles to choose from, and a wide seat pad to accommodate any type of user and exercise. There is also wheels for easy movement to different areas of the gym.

SKU:

- Origin FITBOX Studio Bench OF-SB1
- Origin FITBOX Studio Bench with Hex
 Dumbbell catchers OF-SB1-HEX
- Origin FITBOX Studio Bench with Standard Dumbbell catchers - OF-SB1-STD

Compatible with:





Hex Dumbbells (Up to 15kg)

Origin Fitness Bench Series

The Origin Fitness Bench Series offers key strength training equipment crucial to any gym. Options allow for focus on almost any muscle while aiding in reducing the risk of injury.

From flat & olympic benches to multi-adjustable & specialist, the Origin range is perfect for all types of facility.

- Sleek matte black premium finish across the range
- User friendly design which makes training effective and comfortable
- Benches, racks and accessories have a simple, robust design which stands up to heavy use in gyms all around the world

SKU:

OF-BR010-V2

Dimensions



Origin Multi Adjustable Bench



Origin Flat Bench



OF-BR016

Dimensions

848 x 812 x 892mm



Origin Utility Bench

SKU:

OF-BR003

Dimensions

1497 x 1064 x 865mm

Origin Decline Bench



Olympic Benches

SKU:

OF-BR017

Dimensions

(1722-2318)x1695x1892mm



Origin Multi Adjustable Olympic Bench

SKU:

OF-BR004 **Dimensions**1924 x 1798 x 1432mm

Origin Decline Olympic Bench

SKU:

OF-BR006

Dimensions

1280 x 861 x 424mm



Origin Flat Olympic Bench

SKU:

OF-BR008

Dimensions

2108 x 1798 x 1608mm



Origin Incline Olympic Bench

Single-use Machines

SKU:

OF-BR001

Dimensions

1709 x 962 x 1079mm



Origin Ab Bench



Weight Benches

Weight benches allow members to get the most out of training and we have a wide range of options available from fixed and adjustable, to incline or decline weight benches. Our benches have been designed to support a range of movements including benching, rowing, and pressing. Whether it's a small personal training studio or a commercial gym, each weight bench in our range has been expertly designed to suit a wide range of facilities.





Origin Chin Dip

SKU:

OF-BR002

Dimensions

1227 x 1370 x 2717mm



Origin Sissy Squat

SKU:

OF-BR013

Dimensions

803 x 626 x 426mm



Origin Glute Ham & Hip Thruster

SKU:

OF-BR-GHT24

Dimensions

1670 x 650 x560mm

A key piece of strength training equipment for any gym or personal trainer studio, large or small is the weight bench.

Weight benches play a crucial part in any weight training program with modern benches allowing you to train at any angle, focus on almost any muscle and aid in reducing the risk of injury.

For a facility looking to add something extra to their free weights area, there are a variety of specialist bench options on the market which are less geared towards all around versatility and are instead focused on specific exercises, movement types or muscle groups.

Plate-loaded



Origin Seated Calf

SKU:

OF-BR012

Dimensions

1342 x 821 x 1068mm



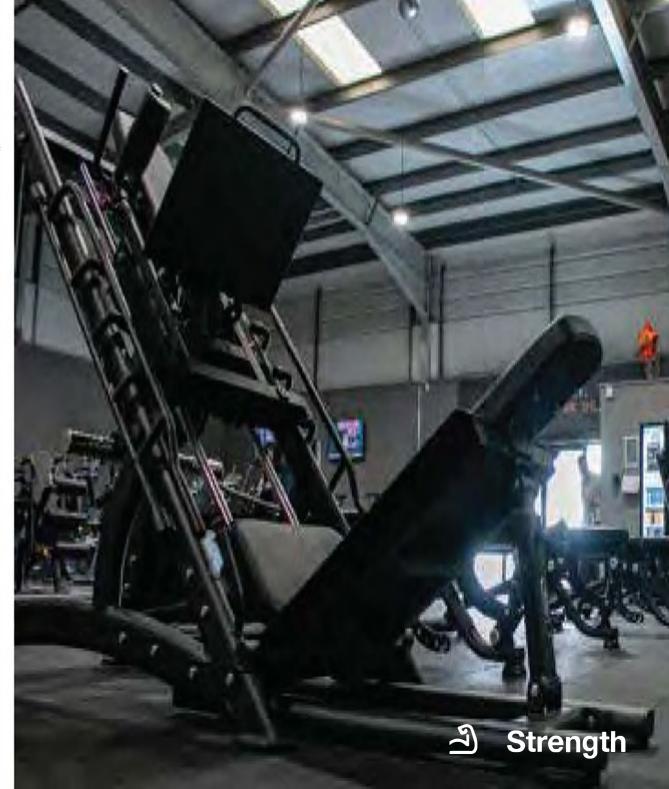
Origin Smith Machine

SKU:

OF-BR014

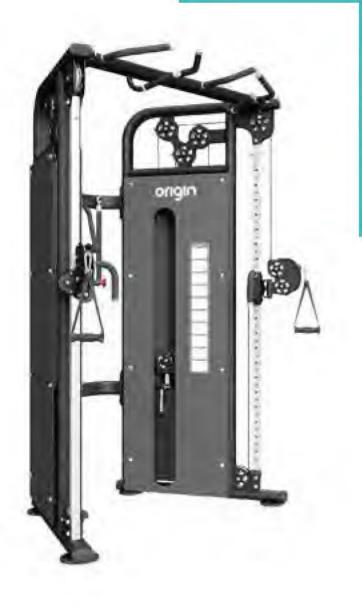
Dimensions

2241 x 1403 x 2329mm





Cable Machines



Origin Dual Adjustable Pulley

The Origin Dual Adjustable Pulley brings all the versatility you expect from your commercial DAP, within a stylish minimalist design. Using matte black, strong steel construction and modern powder coated iron shrouds, this DAP fits flush into any gym space.

The two 100kg weight stacks allow all users to scale their workouts efficiently and safely, while the training guides on the internal shrouds provide guidance on how to make the most of the high quality chromed cable attachments that come free of charge with each machine. Included attachments: long bar, short bar, triceps rope, ankle strap, handle grips (x2), extension chains (x2), carabiners (x6).

SKU:

OF-CS-DAP



Alpha Series Dual Adjustable Pulley

Our new and improved Dual Adjustable Pulley brings all the versatility you expect from your commercial Dual Adjustable Pulley, within a stylish new minimalist design.

SKU:

OF-ALP-DAP



Origin Cable Crossover

The Hi/Lo Pulley station has a small footprint, making it ideal for space conscious gyms. Use our Origin Cable Crossover Bar to turn this standalone Hi/Lo Pulley into a cable crossover. It can also be connected to 4 station machines, for even more workout variety.

Includes grip handles



Origin Hi/Lo Pulley





Cable Attachments & Fabric Attachments

Origin Cable attachments offer a huge amount of flexibility in how users can make use of cable strength machines like the Dual Adjustable Pulley and Cable Crossover. This selection of attachments will provide users all the tools needed to perform the cable exercises they choose to incorporate into their training.

Origin Multi Exercise Bar Cable Attachment

SKU:

- 1= NTS-TS4322-36
- 2= NTS-TS4337
- 3= NTS-ASCA-01
- 4= NTS-TS4341
- 5= NTS-TS4307
- 6= NTS-TS4314
- 7= OF-TOPR
- **8**= NTS-TS4311
- 9= NTS-EZCURL-01
- 10= OF-CS-CCOB
- 11= OF-CA-VH-FB
- 12= OF-CA-SH-FB
- 13= OF-CA-TRCP-FB







Origin 36inch Standard Lat Pull Down Bar

Origin Angled Press Down Bar Cable Attachment









Origin Single Handle with Rubber Grip Origin Straight Bar Cable Attachment

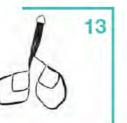








Origin Cable Crossover Bar Attachment







Origin Cable Attachment Origin Fabric Handle Pair



Origin Cable Attachment Fabric Tricep Straps

Multi-Gym



8 Stack Multi Station

The matte black premium Origin 4 Stack Multi Station is the perfect addition to gyms looking to expand their strength range. Robust 100 x 50mm box steel holds up 4 x 100kgs stacks, and the machine comes with a selection of attachments to get your members started straight away.

Use our Origin Cable Crossover Bar to turn this standalone Hi-Lo Pulley into a 5 station, or combine 4 stations for an 8 stack station.

Included stations: Hi-Lo pulley, Lat pulldown, Low row, Tricep pulldown.



5 Stack Multi Station



4 Stack Multi Station

SKU:	Dimensions	
1- OF-CS-8S	5644.5 x 3283.5 x 2351.4mm	
2-OF-CS-5S	4315 x 1700.1 x 2366mm	
3-OF-CS-4S	3257 x 1473 x 2366mm	







Bags



Origin Freestanding Punch Bag

The Origin freestanding punch bag is our premium freestanding punching bag option, perfectly suited to group training, martial arts and fitness boxing. The Origin freestanding punch bag is one of the most durable and stable free-standing bags on the market. The bag has been machine tested to withstand in excess of 960,000 90kg force punches.

SKU:

OF-FSPB2



Origin Leather Boxing Bag

The Origin punch bags are a two-piece, full-length, leather top and bottom construction with foam pads to keep the shape. On the inside, there are alternating layers of rags & sandbags. White stitched ring holder provides the ability to attach chains and hook to the ceiling or a functional rig.

SKU:

45kg - OF-PB3-3 55kg - OF-PB4





Origin 1.25m Elite Ultimate Wall Bracket

Designed for commercial use and ideal for any boxing club or home gym. With a 1.25 metre reach to the center of the punch bag, this bracket doesn't restrict your footwork allowing you to work 360 degrees around the bag.

- Maximum load of 150kg
- Designed to hold any heavy punch bags
- Suitable for commercial and home use
- 1.25m from the wall and must be fitted to a solid wall
- Fixings are included

origin



- Can be used by four people simultaneously
- Consists of three hanging bag stations and one speed ball station
- Floor fixing plate available but can also be used free standing
- Heavy duty 100×100mm box section construction

SKU:

OF-7000 Origin 4 Station Boxing Frame (inc Speedball Platform)
OF-7001 Origin 4 Station Boxing Frame (4 Bag Arms)



Origin Hook and Jab Pads

The Origin Hook and Jab Pads are designed to the highest standard and are ideal for boxing training co-ordination, speed and agility.

The impact absorbing construction means they are able to stand up to regular tough training sessions, providing the user the protection required. Their lightweight design makes them comfortable to train with during longer sessions.

SKU:

OF-HJP

 \boxtimes



nigino

British and the last of the la

Origin Long Kick Pad

This lightweight Origin Long Kick Pad is constructed from a polyurethane cover and a foam core, this is design to absorb impact from the hardest of kicks. The curved design encourages form whilst the nylon handles provides a secure and comfortable grip throughout the training session. Machine stitches provides extra durability providing a long-lasting kick pad.

SKU:

OF-LKP



These lightweight Origin Short Kick Pads are constructed from a polyurethane cover and a foam core, this is designed to absorb impact from the hardest of kicks.

The one size fits all accommodates for every user whilst the reinforced handle and straps provide a firm and comfortable grip throughout your workout.

SKU:

OF-SKP





Origin Leather Boxing Gloves

The Origin Leather Boxing Gloves are designed to endure your hardest sparring session as well as your most gruelling training session. Made with cutting edge GoDry material and ventilation holes the Leather Boxing Gloves are both hygienic and breathable which reduces sweat build up and provides a more enjoyable workout, whilst also being sufficiently padded for safety.

- Made from the highest quality leather
- Cutting edge GoDry ventilation material
- Air holes in upper half of glove that allows hands to breathe

SKU:

OF-BGL10 Origin 10oz Leather Boxing Glove - White OF-BGL12 Origin 12oz Leather Boxing Glove - White OF-BGL14 Origin 14oz Leather Boxing Glove - Black OF-BGL16 Origin 14oz Leather Boxing Glove - Black



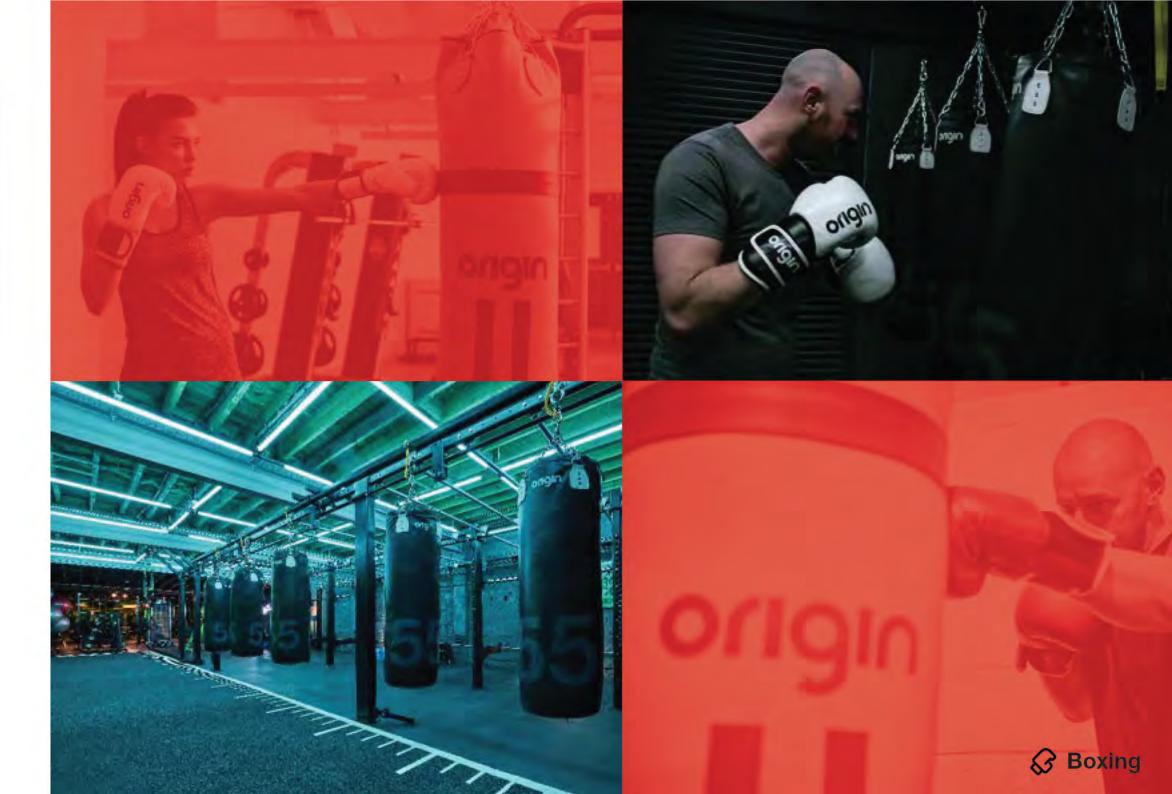
Origin Grappling Gloves with Liners

The Origin Grappling Gloves are great for a variety of training exercises. Due to the open ended and lightweight design of the glove, these can be used for more than just MMA training - they can be used for light bag work, circuits and bodyweight training. This allows users to do lots of different exercises without needing to remove the gloves.

The polyurethane material paired with the injection moulded foam inner provides a durable, comfortable and ergonomic design. Glove liners included.

SKU:

OF-GGM Origin Grappling Gloves Medium OF-GGXL Origin Grappling Gloves Xlarge





Tunctional.



Kettlebells

8kg - OF-UCKB-08 24kg - OF-UCKB-24 12kg - OF-UCKB-12 28kg - OF-UCKB-28 18kg - OF-UCKB-16 32kg - OF-UCKB-32 20kg - OF-UCKB-30

Origin Urethane Competition Kettlebell

Ideal for those who have used kettlebells often and have developed their technique. The wide base is perfect for performing floor based exercises. The Urethane covering ensures a longer lifetime for your products.

- Colour flash on the base of the handle to denote

- Official competition kettlebell sizing and colours
 Three year manufacturer's warranty
 Brushed steel handle finish for superior grip over
- Ultra-durable PU (polyurethane) finish



Origin Rubber Kettlebell

The Origin Rubber Kettlebells are the perfect tool for functional training. The chrome handle allows for smooth grip and the rubber coating provides excellent floor protection.

- Sleek black rubber finish helps hide scuffs &
- Polished chrome handle for superior grip
- Oversized numbers ensure easy weight identification





Origin Cast Iron Kettlebell

The Origin Cast Iron Kettlebells can be added to any weight training programme and are suitable for all fitness levels. However, when added to specialist training such as circuits, they can also help increase endurance and stamina.

- Great for entire body workouts
- 4kg 40kg
 One of the most versatile pieces of fitness equipment
 • Most affordable style of kettlebell





Origin Kettlebell Rack

The Origin 2 Tier Kettlebell Rack is a great kettlebell storage solution for your functional zone or on the gym floor, keeping kettlebells safely stored away. This Kettlebell Rack has two shelves for easier access to different kettlebell weights and can comfortably hold a full set of

1200 x 639 x 825 mm

The kettlebell workout is also one which has grown in popularity at home and in the gym. After learning the basics with an instructor or PT, we understand many people like to continue working with kettlebells in the privacy of their own home. There are 4 different types of kettlebells in the Origin range - Urethane Rubber and Cast Iron.



Plyo Boxes



Origin Multi Sided Plyo Box

The Origin Multi Sided Plyo Box gives three box heights in the one product, allowing users to progress at their own pace whilst also saving space. Designed to match standard sizes of traditional wooden plyo boxes and those used in CrossFit gyms around the world.

- Three plyo box heights in one productStandard dimensions used in CrossFit gyms
- Durable vinyl covering easy to clean
 Soft foam core absorbs impact, reducing risk of
- injuryVarying sizes allows users to progress whilst also saving space

SKU:

NTS-MPLYOB-V2



Origin Elite Soft Plyo Box Set

Our Elite Soft Plyo Box Set is our most durable and high performing plyo product. Specially designed using our new premium covering, this plyo box set offers the same soft landing and protection in case of missed jumps, but increased integrity at the seams for busy training environments where the boxes take real a beating. The boxes come in five different height variations (3", 6", 12", 18",24") which are available to purchase in two different sets - (3 Stack - 12, 18, 24) or (5 Stack). The boxes can also be joined together using durable velcro straps, allowing the user to create varying heights as they progress.

SKU:

3 Stack - OF-PSPB-S5 5 Stack - OF-PSPB-S3



Bringing the traditional bootcamp experience into the gym environment. The Sqyre takes functional fitness to the next level. The Origin Sqyre is a multifunctional piece of equipment that gives you a wide variety of different workouts whilst being less intimidating than a standard rubber tyre.

- Suitable for deadlifts, pushing, pulling, flipping, carrying and many other exercises
- Develops overall body strength
- Durable design1090mm x 1090mm x 300mm

SKU:

45kg - OF-SQY-45 60kg - OF-SQY-60 80kg - OF-SQY-80 100kg - OF-SQY-100





Sandbags

SKU:

5kg - OF-SANDBAG-06 10kg - OF-SANDBAG-10 15kg - OF-SANDBAG-15 20kg - OF-SANDBAG-20 25kg - OF-SANDBAG-30 30kg - OF-SANDBAG-30 35kg - OF-SANDBAG-30 40kg - OF-SANDBAG-40 45kg - OF-SANDBAG-45



Origin Sandbags

The new Origin Sandbags are specifically designed to withstand the most rigorous of workouts.

- Durable "go-easy" material provides durability and strength
- Eyelets on ends ensure air flow to alleviate pressure within the bag, further improving longevity
- Double stitches handles
- Inner reconstituted foam core with a heavy duty nylon velcro bag with a water resistance outer bag ensures no sand leakage

SKU.

OF-SB5R-V3



Origin Sandbag Rack

The Origin Sandbag rack holds 5 sandbags. Highly durable frame with inner support stops bags from sagging in the middle and helps keep their shape. Lightweight frame makes transporting frame easy.



CKI I-

3kg - OF-W8-03 6kg - OF-W8-06 9kg - OF-W8-49 12kg - OF-W8-12 15kg - OF-W8-15



Origin Wall Ball

The Origin wall balls are perfect for increasing activation for the upper body and abdominals. They all share the same diameter that is set at industry standard: 14". Available in various weights to ensure there is a wall ball for every user.

- Origin wall balls each have a diameter of 14"
- Weight Tolerance: +/- 300gms
- Perfect for wall ball exercises that will increase activation on the upper body and abdominals
- Origin Wall Balls are not for slamming

SKL

3kg - OF-SU/B-03 5kg - OF-SU/B-05 7kg - OF-SU/B-07 9kg OF-SU/B-09 12kg - OF-SU/B-12 15kg - OF-SU/B-15



Origin Slam Ball

The Origin Slam Balls are the perfect training tool for explosive slamming movements.

- Absorbs impact so they do not bounceBuilt to withstand repetitive high
- impacts
 Perfect for throwing against the floor and walls
- and walls
 Textured outer layer provides users with added grip
 Available from 1kg to 5kg
 Easy to grip finish

CIVI)

1kg (Blue) NTS-1210-1 2kg (Purple) NTS-1210-2 3kg (Yellow) NTS-1210-3 4kg (Green) NTS-1210-4 5kg (Red) NTS-1210-5

Origin Medicine Ball

flexibility and speed.

group and functional training.

The Origin Medicine Balls are fantastic for

• Training aid for core strength, balance,

targeting specific muscles during individual,



SKI).

8 kg - NTS-TS1211.6 7 kg - NTS-TS1211.7 8 kg - NTS-TS1211.8 9 kg - NTS-TS1211.9 10 kg - NTS-TS1211.10



Origin Medicine Ball Double grip

The Origin Double Grip Medicine Balls allow for a different range of workouts to traditional medicine balls as the user is able to lift greater weights.

- Training aid for core strength, balance, stability, coordination, flexibility and speed
- Dynamic and versatile piece of fitness equipment
- Black textured finish, adds grip, making it safer to handle
- Colour coded design for easy identification"
 The colour coded design allows for easy identification

SKU:

OF-SSWBR-V3



Origin Freestanding Wall Ball / Storage Rack CHANGE IMAGE

The Origin Freestanding Wall Ball Rack is the perfect storage solution to organise your workout area. The vertical storage rack has the capacity to hold four wall balls/oversized medicine balls or five Origin Double-grip Medicine Balls. This storage rack is can also be suitable for sandbags and other accessories.

- Store up to five medicine balls
- Also suitable for four wall balls
- Powder coated finish





Sleds



Origin High Push Sled

The Origin Performance Dog Sled is the perfect tool for sled work in all types of facilities. The full-height handles on both sides allow quick change-overs between multiple users or fast changes in the direction it's being pushed – great where space is limited. The double sided handles even allow multiple users to push against each other at the same time.



Origin High Low Push Sled

The Origin High Low Push Sled is a great tool for strength and conditioning purposes. Whilst primarily targeting legs, arms and hip strength, the Origin High Low Push Sled also offers a complete body workout and can be used in High-Intensity Interval Training to really push your body to



Torque Tank Accessories

To complement the Torque Tank in your gym we also offer a range of compatible accessories to take your members training to the next level. These are detailed below but include: harnesses, tow ropes and straps to add versatility.

SKU:

Tank Group Accessory Kit - MT3-XTGAK Group Anchor Station - MT3-XGAS Group Anchor Station Battle Rope Package (4 Ropes) - MT3-XGASBRP4 Tank Locking Kit (Quantity 2) - MT3-XTLK Tank Strap/Harness Tow Kit - MT3-XTTK Tank Tow Rope, 1.5 Inches x 30 Feet (38mm x 9.1m) - MT3-XTTR-1.5-30







Use the Tank M4 indoors or outdoors on any surface. The Tank M4 fladors of outdoors of any surface. The Tank M4 features dual adjustable and frictionless magnetic brake system that increases resistance with speed and provides traction without the need to add weight.

- 4 Pneumatic Tyres
- Variable magnétic resistance
- Compatible with all surfaces
- Two weight plate holdersBi-directional the resistance works both pushing & pulling. No need to turn the tank around

SKU:

MT3-M4-PH



M1 Tank

The M1 tank is an all-round training tool. The Tank includes an adjustable push/pull bar that can be used with V-strap handles and tow rope. The Tank M1 is multi-functional and has removable performance handles for storage and transportation with custom molded grips on high and mid-handle positions.

- 4 Pneumatic Tyres
- Variable magnétic resistance
- Compatible with all surfaces
- Two weight plate holders
- Bi-directional the resistance works both pushing & pulling. No need to turn the tank around

SKU:

M1 - MT3-XTTM1-RPH-101







TRX® Pro Suspension Training Kit

Designed to let you fully personalize your workout. It has adjustable and padded foot cradles, upgraded webbing, and Microbantreated antimicrobial.

SKU:

FDS-TRXPRO4



Origin Wooden Olympic Rings

The Origin Wooden Olympic Rings are sold in pairs and supplied with their own individual strap - easily adjustable to hang from any height. A smooth textured finish offers an ease of transfer, for example, a muscle up.

The Origin Wooden Olympic Rings are a simple and effective training essential for any gym. Their reliable wood construction provides a smooth surface for increased hand comfort. The rings are supplied with two easily adjustable straps to allow the user to set them up at their perfect height. The Origin rings are ideal for any setting, whether you're using them for advanced gymnastics movements or fitness favourites like Ring Dips, Muscle Ups and Rows.

Set up, adjusted and usable in a maximum time of 5 minutes offers an easy transferable and useful piece of gym equipment. Attaches to virtually anything that is horizontal and can support the weight.

SKU:

NTS-OLYRINGS-WD





Origin Wall Mounted Battle Rope Holder

The Origin Wall Mounted Battle Rope Holder is a simple yet stylish storage solution for any functional zone. By storing battle ropes on the walls, you create a safer, more spacious and flexible functional training area while keeping the ropes easily within reach.

The holder will support all battle rope sizes, from 25mm to 42mm and can even be used for other equipment such as power bands, skipping ropes or belts.

Wall fixings included.

KII.

NTS-BRH-01-B





Accessories



Origin Ab Mat

SKU:

NTS-ABMAT-01



Origin Parallettes (Pair)

SKU:

OF-PRLS-02



Origin Gym Timer

SKU:

NTS-GT



Origin Ab Wheel

SKU:

NTS-ABWH-01



Origin Power band

SKU:

15lb - Red - XX Light - OF-RPB-XXLT 50lb - Black - Extra Light - OF-RPB-XLT 100lb - Purple - Light - OF-RPB-LT 120lb - Green - Medium - OF-RPB-MED

175lb - Dark Blue - Heavy - OF-RPB-HVY 230lb - Orange - Extra Heavy - OF-RPB-XHVY



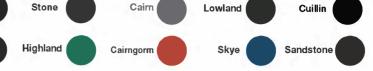




Tiles

Fitness flooring is a specialty not dissimilar to the specification of free weights, cardio or functional zone and must be considered as part of the early planning of a space when identifying each zone within the avm.







Origin High Impact Tile (40mm)

The Origin 40mm High Impact Tile can feature in almost any gym environment however, the product has been specifically designed for free-weight and strength & conditioning spaces to offer maximum impact absorption from dropped weights.

SKU	OF-GY-RI40
Thickness	40mm
EPDM Top Layer Thickness (f applicable)	3mm
Compatible with CAP System	Yes
Size	1000 x 500mm
Baval	Yea
Approximate weight	20.3kg
Approximate Density	1.015g / cm3
Construction	Heterogeneous (dual layer)
Material	SBR Rubber Base with 3mm EPDM Top She
Selety Pass	EN 13501-1
Force Reduction	51.7% (E:N 14808)
Appearance	Smooth, dense closed face
Footfall Usage	High
Installation	Loose Laid with Tile CAP System, or Bonder
Adhesive	F58
Warranty	7 Years



Origin Premium Tile (20mm)

The Origin 20mm Premium Tile has a dual layer construction, which gives it a unique ability to absorb impact, reduce force but still provide a stable and hard wearing top surface.

SKU	OF-CY-PFT20	
Thickness	20mm	
EPDM Top Layer Thickness (if applicable)	3mm	
Compatible with CAP System	Yes	
Size	1000 x 500mm	
Bevel	Yes	
Approximate weight	10.15kg	
Approximate Density	1.015g / cm3	
Construction	Heterogeneous (dual layer)	
Material	6BR Rubber Base with 3mm EPDM Top Sheet.	
Safety Pass	EN 13501-1	
Force Reduction	46.7% (EN 14808)	
Appearance	Smooth, dense closed face	
Footfall Usage	High	
Installatien	Loose Laid with CAP system or Bonded	
Adhesive	F58	
Warranty	7 Years	



Only available for high impact and premium only. Classic range only available in black.

Recycled Rubber Flooring Tile

The Origin 40mm Recycled Rubber Flooring Tile is a great option for a free weight or strength area in any gym. Made from 100% recycled rubber granules, with a fully traceable material path, this tile is also an environmentally sound choice for your gym space.

SKU	OF-RRT-40-1-1		
hickness	40mm		
PDM Top Layer Thickness (finipplicable)	No		
Compatible with CAP System	No		
Siz 0	1000x1000x40mm		
Bevel	Yes		
Approximate weight	10kg-10.5kg		
Approximate Density	1000kg/m3~1050kg/m3		
Construction	Single Layer		
Vaterial .	SBR Rubber		
Appearance	Open Faced		
Cootfall Usage	Medium to low		
nstallation	Loose lay with no connectors Adhesive cam be used as belo		
Adhesive	F58		
Varranty	2 Years		

Rolls



Origin 10mm Premium Fitness Roll

The Origin Premium Fitness Rolls are highly durable, resilient, slip resistant rubber rolls that are suitable for all kinds of areas including general fitness, light free weight, functional and cross fitness areas.

The 10mm Fitness Rolls are a cost effective solution to gym flooring, and are easily installed. These rolls will reduce noise and vibrations as well as absorb light impact from equipment. The rolls are made from 85% SBR rubber and 15% coloured EPDM granules and has no top sheet.

SKU:

BSW-EVERROLL CLASSIC



Origin Underlay

- Excellent impact and airborne performance
- Offers long term performance without collapse or "bottoming" out under high point loads
- Resistant to ageing and deformation
- Quick and easy to install
- High quality and exact material thickness guaranteed
- Mildew and moisture proof
- Accreditation to ISO 9001, ISO 14001 and ISO
- Product manufactured using Recycled Materials and 100% recyclable

SKU:

OF-6010SP-10

Turf

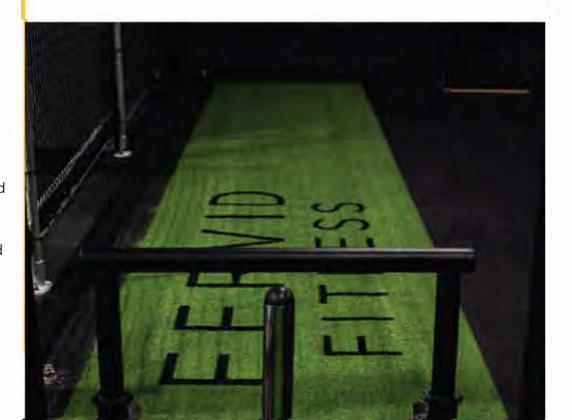


Origin Classic Turf Track

The Origin Standard Turf (Unlined) will be a great asset for your gym or outdoor training area, adding something different and exposing users to a wide range of new training possibilities.

SKU:

OF-STR-CLSC-4M - Classic Turf Unlined - 4m Width



Sprint Tracks

Our Sprint Track Turf is an ideal choice for sled and sprint tracks and offers high performance and durability for gyms of all types. Line mark-ings are also available to add extra functionality.

The black turf can be made out of recycled materials, keeping the Planet greener.



Unlined/Lined Coloured Options



Edge Marking Colour



Custom Turf and Line colour options



















SKU:

OF-STTR-CUSTOM-RYC OF-STTR-FLT-EM OF-STTR-ELT-EMWN OF-STTR-CLSC-2M OF-STTR-ELT-EM-LOGO OF-STTR-ELT-CMWN OF-STTR-ELT-LOGO OF-STTR-TF-1.5-SQM OF-STTR-ELT OF-STTR-UNDR OF-STTR-ELT-SMWN OF-STTR-ELT-CHV OF-STIR-FLT-RYC-BLK

Origin Elite Turf - Custom Design - up to 4m Width/40m Length Origin Elite Turf-Custom - Recycled Main Yam

Origin Elite Turf -Edge Marked

Origin Elite Turf - Edge Marked with Numbers and Start/Finish Origin Classic Turf - 2m Width, Any Length, Price per SOM Origin Elite Turf-Edge Marked with 2sqm Centred Logo Origin

Elite Turf-Centre Marked with Numbers

Origin Elite Turf - Plain with 2sgm Centred Logo

Origin Elite Turf Track Total Fitness Edge Marked, Start/Finish Origin Elite Turf-Plain - Price per Square Metre (min of 10sqm)

Origin Turf Underlay - 8mm Thickness Origin Elite Turf-Side Marked with Numbers

Origin Elite Turf Chevron Marked

Origin Elite Turf-Recycled Yam Width up to 4m - BLACK ONLY



Edge markings

Unlined



Bespoke design







Platforms



Origin Oak Platform Insert

The Origin Platform Inserts are the perfect product for creating an embedded weightlifting platform in your gym. There are a variety of ways through which you can incorporate platforms into your gym design, and all of our platform inserts are suitable for custom branding.

SKU:

OF-2282 Origin Oak Platform Insert 2m x 1m x 40mm OF-2293 Origin Oak Platform Insert 2.4m x 1m x 40mm



Alpha Integrated Platform

The Alpha Integrated Platform is designed to accommodate the Alpha Rack POD Range. Integrated weight lifting platforms provide gym-goers safe and appropriate environments to carry out the high weight and high impact exercises. Such exercises include Olympic lifts, deadlifts, squats, and powerlifting exercises.

SKU:

OF-ALP-IPF



Performance Series Integrated Power/Half Rack Platform

The Origin Performance Series Integrated Power Platform has been developed with the heavy use and performance requirements of modern gyms where heavy weight lifting is taking place.

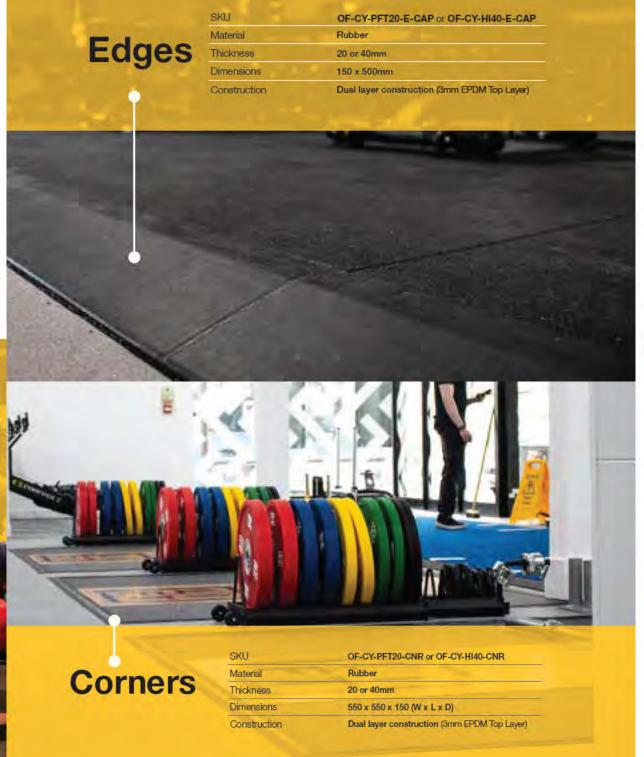
This integrated platform slots seamlessly into both our Performance Power Rack, Performance Power Cage as well as our Performance Half Rack.

The platform is constructed from an exceptionally durable solid Asian hardwood insert surrounded by 40mm sound and shock absorbing SBR rubber tiles all encased in a steel surround to help reduce impact.

SKU:

OF-PS-ILP





Flooring Buying Guide

Plan How You're Going to Use the Space

When you initially create a layout for your gym, consider the space you have or wish to use for each zone. Don't start with choosing equipment, start with the zones or areas you want to include in your gym and the percentage of space you wish to allocate to each zone. Then think about the types of equipment you wish to put into each zone to identify the right flooring solution.

Survey Your Existing Floor

It is important to be aware of the current flooring in the space. You will need to investigate the top layer as well as the flooring construction itself. Is the floor concrete, a raised floor or wooden? Determine whether the floor requires any preparation in advance of laying.

What Type of Flooring?

The next question you need to ask yourself is...How is the flooring going to be installed?

There are two main types of gym flooring:

Rubber Floor Tiles

For medium to thicker flooring (anything above 10mm), simple square rubber tiles are the preferred option.

Flooring Rolls

Rubber flooring rolls are often a cheaper option than tiles but require bonding which can increase the price significantly depending on the size of the space and can be labour intensive to fit.





Flooring Usage Guide



Customisation









Origin Urethane Studio Weight Plates

Our Origin Studio Plates feature a dual grip design perfect for exercises without using the barbell.

The set includes 2x5kg 2x2.5kg 2x1.25kg 2x clamp collars and one studio bar. 10kg Studio

Weight plate will be sold as individually - separate to the studio set.

The Origin Studio Barbell comes with Origin Studio Barbell Spring Collars. The Origin Studio Barbell Set is an excellent option both for strength training during PT and open gym as well as group fitness and studio weights classes.

SKU:

Set - NTS-USBS

10kg plate - NTS-SWP-10





Origin 10 Studio Barbell Set Rack

SKU: Dimensions

OF-10SBR-V2 750x660x1570mm



Origin 30 Studio Barbell Set Rack

SKU:		Dimensions	
OF	-30SBR-V2	15	530 x 800 x 1500mm



The Origin 10 & 30 Studio Barbell Set Racks will hold up to 10 and 30 sets of Origin studio bars and weight plates respectively with additional space for collars. Keeping your equipment in the Studio Barbell Set Rack will ensure your members can get access to their equipment in a flash, helping to keep your classes on schedule and your group exercise studio tidy.

With a sleek matte black finish, these racks will look great in any gym or studio. These storage racks come with rubber feet to protect your gym or studio floor.

Please note that plates and barbells are not included but can be purchased separately.



Origin Vinyl Dumbbells







Origin Vinyl Studio Dumbbell Set

The Origin Studio Dumbbells feature an anti-roll design, allowing for greater functionality & convenience.

- The weights are differentiated by bright, bold colours to bring out the best in your studio or home
- Each dumbbell is marked with the specific weight (kg)
- The vinyl covering means the dumbbells wipe clean
 The 42 Pair Dumbbell Set consists of 3 x 5kg, 3 x 4kg, 8 x 3kg, 10 x 2kg, 10 x 1kg and 8 x 0.5kg dumbbells.

SKU:

NTS-SDBS2

Origin Aerobic Step

The Origin Aerobic Step is a great piece of commercial gym equipment for convenient, quick and effective workouts. A robust step that is also light enough to move around with ease, this is a perfect accessory for commercial or home use. The Origin Aerobic Step is a great piece of equipment for cross-fit training and rehabilitation. The Step can help increase balance, flexibility, coordination, stamina and is also a great toner. The main muscle group focus is on lower body but when combined with free weights becomes a full-body conditioning tool, especially useful for High Intensity Interval Training and CrossFit workouts.

Platform size: 1090mm x 420mm x 102mm Height adjustable 102mm - 152mm - 203mm

SKU:

NTS-TS1448

Origin Aerobic Deck

Suitable for both step and seated work. The back adjusts via a gas strut giving an infinite number of adjustment positions. The deck can be positioned at 2 heights via the adjustable feet, giving versatility for step exercises. The top is made from a high-grip rubber for safe step exercises.

LxWxH - Low Feet Setting - 1095x334x202mm LxWxH - High Feet Setting - 1190x334x355mm

SKU:

OF-ARDK-GRY





Balance



Origin Weighted Gym Ball

The Origin Weighted Gym Ball can be used for a variety of exercises that target core muscles and increase users stability, strength, balance and range of motion. Each Gym Ball has a textured surface for added grip as well as a denser/heavier material base - this reduces the amount of ball movement between workouts and should always return back to its upright position.

SKU:

Yellow 55cm - NTS-WGB-55 Blue 65cm - NTS-WGB-65 Red 75cm - NTS-WGB-75



Origin Gym Ball Rack

To help keep your gym or studio organised, the Origin gym ball rack is available in two sizes, one to accommodate three balls and another for six. The Origin Anti-Burst Gym Ball Set comprises of three different sizes of gym ball, including 55cm, 65cm and 75cm, and also comes with a three ball storage rack.

SKU:

Origin 3 Gym Ball Rack (NTS-GBR-3-R) Origin 6 Gym Ball Rack (NTS-GB6R-B)



Origin Air Balance Disc

Ideal for balance, strength and rehab exercises, the Origin Air Balance Disc targets ankle, foot and knee stability. The user can increase or decrease the amount of air inside the disc to vary the stability of the cushion, and therefore the difficulty (less air makes the surface more unstable). Diameter 340mm, thickness 40mm.

SKU:

NTS-TS-BC



Origin Air Balance Trainer

The Origin Commercial Air Trainer comes with a pump for inflation. The unit is 655mm in diameter, and when inflated is approximately 245mm tall. The unit also comes with detachable handles and 6 small feet on the bottom providing 10mm ground clearance. Before stretching and at time of purchase the handles' tubes are 700mm in length.

SKU:

NTS-TS1479





Mats+Storage





Black - OF-TTM-BI



Origin Premium Fitness Mats

The premium Origin Mat is our most advanced and hard wearing mat. In busy gym environment when fitness mats need replaced regularly, this is our best option for extending the lifetime of these items. Besides this, their textured finish offers exceptional comfort, grip and holds the mat's shape incredibly well.

- Multiple colour options
- · Superior reinforced latex anti-slip base
- Can be used for balance, stretching and light floor exercises
- The perfect all-rounder for your gym
- 2m x 1m x 40mm
- 14lb Density Foam provides solid base which reduces movement

SKU:

OF-VM-DG



Origin Vinyl Fitness Mat

The Origin Vinyl Fitness Mat is perfect for any user wanting the most out of their Mat, this may vary from beginner to expert levels. Also suitable for users using mats for everyday exercise and use for example; sit ups at home, to even fishing. The thick cushioning system provides a more comfortable and extended length of workout, with two different surfaces on each side, both are textured - but in different ways. This adds excellent grip in desired places where needed.

SKU:

Small (1200 x 700 x 20mm) FS-SSM02-O-BK Large (2000 x 1000 x 25mm) FS-LSM01-O-BK



Origin Stretch Mat

This heavy duty PVC mat is durable enough for everyday use and can be applied in many areas - the perfect all-rounder for your gym. Available in small and large sizes, this stretch mat is suitable for all facilities. These durable, versatile mats can be used for balance, stretching and light. floor exercises.







Origin Yoga Mat

The Origin Yoga Mat offers users a comfortable and relaxed workout, that is easily transported. The textured surface created a stylish look and also gives user more grip whilst exercising. This is particularly useful when trying technical and demanding yoga poses. The yoga mats are lightweight and portable allowing users to take their mats wherever they go.

SKU:

Purple - NTS-PM-V2-P



Origin Wall Mounted Mat Hanger

Mats for Yoga, Pilates and other studio fitness sessions are an essential for every gym and are the quality of these is often a pain-point for users.

To ensure your mats have a long life and remain in top condition we recommend storing upright on a hanger like the Origin Wall Mounted Hanger. Mats stored in piles or on the floor are more likely to become misshapen and damaged.

The Origin Wall Mounted Mat hanger can accommodate up to 15 1cm thick fitness mats and is designed.

SKU:

ATC MANAGE





Single User FIL-1950 Dual User FIL-1901



Fluidity Bar

The Fluidity Barre is the world's first height-adjustable ballet barre to feature the strength and rigidity of a wallmounted barre in a completely portable, freestanding unit. Its patented design allows you to work against the resistance of your own body weight and the barre in all directions – the key to developing whole-body strength and flexibility and the long, lean lines of a dancer's body.







Origin Resistance Bands

Our Origin Resistance bands (also known as stretch bands) allow the user to add light, medium or heavy resistance to their workouts. Each resistance band is extremely versatile and durable - a good choice for the novice to the seasoned user. Our Origin resistance bands are colour coded so the resistance can easily be identified for during your workout.

SKU:

Light - OF-LRBS-2 Medium - OF-LRBS-4 Heavy - OF-LRBS-7-5





Origin Ab Wheel

The Origin Ab Wheel focuses tension on the abdominal muscles when performing the roll out exercises, making it the ideal tool for strengthening the stomach and obliques. The Ab Wheel features dual treaded wheels which provide stability, whilst the treads provide grip - preventing the wheels from slipping on smooth surfaces. Foam handles provide extra grip and comfort for the user when performing the exercise. The Origin Ab Wheel is also extremely lightweight and easily transported.

SKU:

NTS-ABWH-01



Origin Hinged Storage Cage

The Origin Storage Cage allows users to store all kinds of gym equipment and accessories such as boxing gloves/pads, ropes, power bands, studio equipment and much more.

The lid will stay open when extended fully, and lockable when not in use. There is another access point at the front that allows easier access. Wheels allow users to maneuverer the cage throughout their studio or gym with ease and also lock in place for added safety.

SKU:

OF-HSTC-01





Rollers



Origin Core Foam Roller

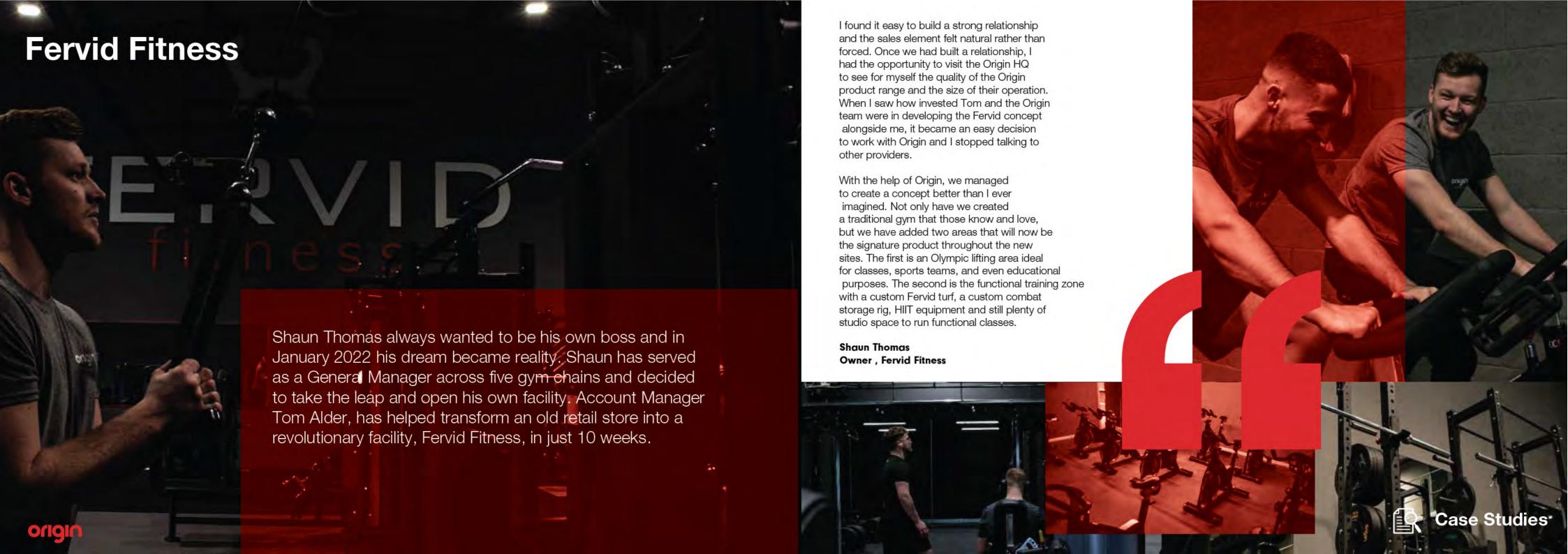
The Origin Foam Rollers are manufactured from a dense foam material that is extremely lightweight, durable, and comfortable. Perfect for warm up, rehabilitation and self-myofascial release.

- Invaluable for rehabilitation
- Great for warm-ups & cool-downs
 Dense foam material keeps shape
 Comes in Short (46cm) and Long (95cm) lengths

SKU:

OF-FCR-DG







origin

This gym was a passion project a long time in the making, but we are delighted with the end result. We are confident that our fitness offering puts us at the forefront of the fitness industry in Central Scotland. Working with Origin Fitness has been great - they jumped through hoops to make sure the products were just right for our space, and allowed us to make as many changes to the gym design as we needed in order to feel comfortable with the end result.

Jack Urguhart Director uGym



facility would open up the possibility of grabbing the attention of members from further afield, creating a larger than usual catchment area.

Student Roost

The best quality equipment we could have asked for. Prompt delivery, well maintained by Origin and well received by our residents. Not only is the equipment top class, it also looks fantastic and makes our resident gym as amazing as it is. We had such a variety of equipment delivered and have had no problems at all since having everything installed.

Jonathan Dodgson Assistant City Manager, Student Roost



Ministry of Defence

We have been proud to work with the Ministry of Defence as one of three suppliers since 2017.

By providing across all areas of fitness, including cardio, strength and free weights we are an integral part of operations on base.

Many sites now include our Performance Series rigs to ensure training can be optimised across solo workouts and group sessions led by PT's.

Mike Scott, who heads up our Specialist Team, has been managing this account since its beginning. Mike and his team coordinate multiple sites throughout the year. Our install team work with each site to ensure the security and access is manged efficiently.

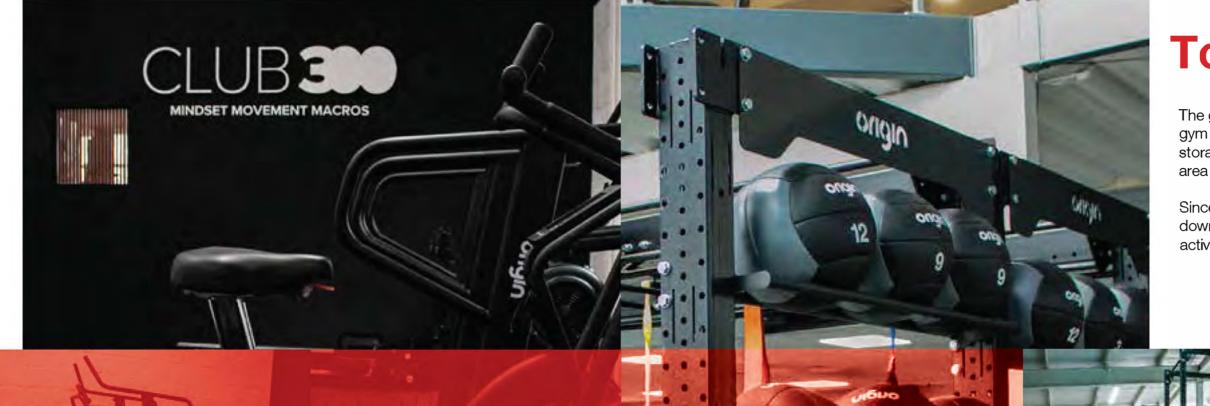


Club 300

We wanted to improve the whole gym experience and demonstrate our understanding of our clients' and members' goals by improving the service they receive."

Too often when training clients, I would hear "My partner would love to start, but they're worried about going to a gym for the first time" or "I would love to do more weight training, but I am intimidated by the weight room" so I knew that lots of people were looking for a more personal experience and a place with a friendlier, more welcoming atmosphere.

Mike Lindsay Owner, Club 300



Total Fitness

The goal of the project was to revamp an area of Total Fitness, Whitefield gym area. With the introduction of the Elite rig, half racks, bridge, kit storage areas, and much more. Origin completely transformed this area of the gym into the place to be.

Since opening, the response has been very positive. As a result, the downstairs functional area has become a hub of activity - busy all the time.





It all starts with understanding YOU:

- What type of business do you want to build?
- What are the unique features that you want your business to be built upon?
- Who are you creating this space for?

Let's visualise the concept

Let's visualise the concept

- Based on your unique business and unique space, let's visualize the different zones required and the space they will need
- Based on each different zone, let's visualize the flooring required to deliver the ultimate experience and performance
- Working with your goals and zones in mind, let's maximise every square metre and visualize what the latest in Origin product looks like in your site

Partnership Support

- -Partnership Support
- Based on the finished concept, what Origin Fitness partners could you benefit from getting to know and to help add the finishing touches to your space Lighting, Branding, Signage, Membership management systems, Digital Applications, training and more









As one of the UK's largest fitness equipment suppliers we are able to offer an unrivalled portfolio of industry leading equipment brands at competitive prices.

With over 50 full time staff based in Edinburgh, and a business development team around the UK, we offer support at every point of the customer journey.

Thanks to the very strong relationships we have built with various financial institutions, as well as developing our own book funds, we are proud to say we can offer and secure our customers the best available finance options around.



There are many ways in which businesses can invest in their necessary fitness equipment; capital purchase, bank loans, rental agreements or leasing.

Leasing is a fantastic option as it is a simple way to finance the temporary use of an expensive product.

At any point throughout the lease period the equipment can be upgraded, ensuring your business isn't falling behind competitors and technological advances.

Not only this but lease finance is tax efficient and is designed to suit your specific budgetary needs.

Many of our finance solutions are unique within the industry and offer you maximum flexibility throughout your term.

- Lease purchase
- Finance Lease
- Operating Lease
- Deferred/Seasonal Payments







Service.

Origin is proud to provide service through our own qualified service engineers who work in partnership with an extensive network of independent engineers on behalf of the brands we supply.

With engineers across the UK, the company can offer guaranteed 48 hour response time to any service request. At origin we are committed to maintaining an exceptional level of service across all areas of our operations. Origin product looks like in your site.



An inventory of parts is also kept with the service engineers which allows for a more effective callout response and also higher first time fix rates. Origin will ensure an engineer is on site within 48 business hours of a fault being logged. We have an average response time within 24 hours and boast a first time fix rate of 98%.



This is why we are the only UK fitness equipment company to be awarded three independent internationally recognised accreditations: ISO9001 (Quality Management Systems), ISO14001 (Environmental Management System) and ISO45001 (Occupational Health and Safety Management).

Our in house team of engineers look after installations, equipment servicing, maintenance and refurbishment. We have a central warehouse located in Edinburgh, which holds parts at all times for current ranges alongside previous two generations of each piece of equipment we sell.









